Ginger-Apple Crisp with Walnut-Oat Topping



Serves 8

This holiday crisp features tart apples tossed with candied ginger, brown sugar, and a touch of lemon, all bubbling under a crumbly oat and walnut topping. Warm, comforting, and oh-so delicious, it's primed to be a new family tradition.

Ingredients

- · Granny Smith apple
- ·Lemon
- · Candied ginger
- · Brown sugar
- · Cinnamon-brown sugar butter
- · Flour Contains: wheat
- · Old-fashioned oats
- · Walnuts Contains: tree nuts
- · Cornstarch

Tools & Pantry

- · Baking dish (8×8 inches or equivalent)
- · Kitchen knife & cutting board
- · Mixing bowl
- · Citrus zester
- · Cooking spoon
- · Oven mitt
- · Plastic wrap
- · Salt

Preheat the oven: 375°F conventional (for convection, use 350°F)

Rinse your produce: Gently pat dry

- 1 Keep the cinnamon-brown sugar butter in the refrigerator until needed in Step 6.
- 2 Core the apple, then cut in half. Cut the halves lengthwise into ½-inch-thick slices.
- 3 Mince the candied ginger.
- Zest enough of the lemon to measure 1 tsp. Cut the lemon in half and juice enough to measure 1 tbsp. Save the remaining lemon half for another use.
- 5 In a mixing bowl, gently toss the apple and ginger with the lemon juice and zest, cornstarch, and half of the brown sugar until coated. Transfer to a baking dish, cover with plastic wrap, and refrigerate until ready to bake. Clean out the mixing bowl.
- Gently crumble the walnuts into the clean mixing bowl. Add the flour, oats, a pinch of salt, and the remaining brown sugar. Break the cold cinnamon—brown sugar butter into small pieces and quickly work it into the dry ingredients with a fork or your hands until the mixture resembles coarse crumbs. Refrigerate until ready to bake to help the topping hold its crumbly texture.
- When ready to bake, remove the plastic wrap from the baking dish, then loosely distribute the walnut-oat topping over the ginger-apple filling. Place into the oven for 30-35 min, or until the topping is browned and the fruit is bubbling along the edges of the baking dish. Carefully remove from the oven and serve warm.



Contains: Milk, Tree Nuts (walnut), Wheat.

Nutrition: Calories: 310, Protein: 3g, Fiber: 4g (14% DV), Total Fat: 10g (13% DV), Saturated Fat: 4g (20% DV), Cholesterol: 20mg (7% DV), Sodium: 10mg (0% DV), Carbohydrates: 53g (19% DV), Total Sugars: 36g, Added Sugars: 27g (54% DV). Not a significant source of trans fat.

Packed in a facility that handles all 9 major food allergens and gluten. Protein should be cooked to the minimum internal temperature as recommended by the USDA.